

SELF-DEFENSE TRAINERS IN THE AREA

MOSES MURRIETTA | WESTMINSTER, CA

Training in Muay Thai, Brazilian Jiu Jitsu, Boxing, Wrestling and MMA for 8+ years.

15-1 amateur MMA record

4-0 professional MMA record

Purple BJJ

Cruiserweight CAMO Champion

Middleweight CXF Champion

(909) 745-7006

mmurrietta89@gmail.com

Misfits MMA

HECTOR ZARAGOZA | ANAHEIM, CA

4th degree black belt under David Nuuhiwa Kaito Gakko self-defense system.

Learn more: <http://colibrimovecreate.com/>

MARIO NAVARRO & BRADY FINK | WESTMINSTER, CA

Owners of Misfits MMA

<http://www.misfitsmma.com/>

LUC BONDOLE | NEWPORT BEACH/COSTA MESA

Bellator MMA Sponsored Pro Fighter

NASM Certified Personal Trainer

Certified Kettle Bell Instructor

Certified TRX Suspension Trainer Instructor

United States Army Veteran

<http://www.lukafitness.com/>

info@lukafitness.com

@teamlukafitness

(714) 791-0772

EJ CHAVEZ | WESTMINSTER, CA

National Force Training Academy Women's Self Defense Instructor

MMA Conditioning Association certified

NESTA Personal Trainer

BTT Brown Belt

UFC Veteran

Learn more: ernestjchavez.com

OTHER CLASSES IN THE AREA

Wrestling: Orange County Grappling

K-8th grade

Monday and Wednesdays @ 6PM -7:30PM

Contact info

Gene Patino (949) 439-6156

Manual Villagomez (714) 420-6567

Where: Santa Ana HS Wrestling Room

520 W. Walnut St

Santa Ana, CA 92701

FCA/MMA Class

13-young adults

Monday and Wednesdays @ 7PM-8:45PM

Contact info

Pat Lee (949) 274-0984

Where: Santa Ana Girls Wrestling Room

520 W. Walnut St

Santa Ana, CA 92701

Wrestling: Fellowship of Christian Athletes

K-12th

Tuesday and Thursdays @ 6PM-7:30PM

Contact info

Tony Gomez (714) 797-3762

Where: Santa Ana Wrestling Room

520 W. Walnut St

Santa Ana, CA 92701

Triple Threat Mentoring

Thursdays 3:30-5:30

Contact Info

(630) 570-9506

Where: Santa Ana Wrestling Room

520 W. Walnut St

Santa Ana, CA 92701